Phone: 509-291-4791 Attendance: 509-291-7425 Fax: 509-291-7339 Dani League - Secretary dleague Ofreemansd.org Brianne Wineinger - Secretary bwineinger Ofreemansd.org

#### FREEMAN ELEMENTARY SCHOOL

# SCOTTIE SCOOP

December 1, 2023

#### Let's Get Involved!

Please see the following attachments for information about sports, activities, clubs, meetings, volunteer opportunities and important information:

- Barnes and Noble Book Fair
- Mini Cheer Camp (due Dec 5th)
- Transportation Team's Clark the Elf
- PTSG Craft Night
- Robotics Lego League Challenge
- Freeman Athletics Auction
- Peach Skin Sheets (Class of 2024)
- Regal Cinemas Toy for Tots
- Balanced Calendar Info
- PTSG Membership Form

#### Tree of Sharing

The annual Freeman Tree of Sharing program provides Freeman families with gifts and extra assistance this holiday season. We are excited to announce that it will continue this year! We have about 20 Freeman families who will be recipients including students from all 3 buildings.

If you are interesting in donating an individual gift to a Tree of Sharing child or family, please Click Here for the Tree of Sharing SignUp Genius Link.

For more information, please email K -8 School Counselor, Stacey Rawson at <a href="mailto:srawson@freemansd.org">srawson@freemansd.org</a> or call (509) 291-4790.

#### Extra-Curricular Sports

Thank you for supervising your sports kids and siblings when there are after school sports practices inside the schools. Please continue to help us keep everyone safe and the school intact by not allowing kids to run around and play with sports balls and equipment in the foyer. The best option is to stay in the gym with your kids where the practice is taking place.

#### Important Dates

December 4
December 5
December 6
December 6
December 7
December 8

**December 9-10 Robotics Regional Competition** 

## Ways to Support Freeman (see flyers for more information)

VOLUNTEER: We have several opportunities to volunteer for different activities throughout the year. Coming up:

-Craft Night: Contact FreemanPTSG@gmail.com.

-Robotics: See flyer for how to sign up to volunteer.

-Athletics Auction: See flyer for volunteer contact info.

#### SHOP:

-Download the Box Tops App, Assign *Freeman Elementary* as your school, then scan receipts when you shop. -Connect your Fred Meyer Loyalty Card with Fred Meyer Community Rewards, and select *Freeman Elementary* for additional rewards.

-Shop at Barnes and Noble for our Book Fair on December 2nd!

-When you purchase GAME ONE Freeman Gear, some proceeds go to PTSG!

EAT at Red Robin on November 30th!

JOIN: Become a PTSG Member, come to the meetings and volunteer!

**ATTEND: Monthly Board Meetings!** 

#### DONATE

-Tree of Sharing: Adopt a family or donate gifts -Freeman Athletics Auction needs items to auction off.

Also, buy a ticket or a whole table to attend!

-Toys for Tots at Regal Cinemas

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, (509) 291-3605

3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)

#### **Band Alumni Night! 1/6/24**

If you ever played an instrument while at Freeman please consider joining the Freeman Pep Band on Saturday January 6th. FAB (Freeman Arts Boosters) will pay your entry to the game and if you email Mr. Jydstrup (jjydstrup@freemansd.org) you will have your sheet music and practice recordings sent to you to prepare. If you need an instrument, no worries, just let Mr. Jydstrup know in the email and he will find you one. You will need to be in the high school band room at 3pm and we will be playing for both games and will be done around 7:30-8pm. We hope to see you there and thank you again for your continued support!



#### Year Around Scottie Gear!

Ready for some gift giving? Deck them out in Freeman Gear! A portion of the proceeds go to PTSG!

**Click Here for GAME-ONE Gear** 



#### Monday, Dec. 4th during Advisory

We want to inform you that we will be conducting a lockdown drill on Monday, December 4th, during Advisory. Students will be notified and briefed at the beginning of the day. The drill will be signaled by an announcement preceding the exercise.

If you have any questions or concerns, please feel free to contact the school office.

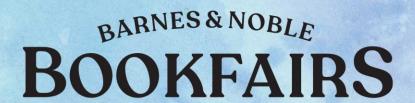


#### DECEMBER BREAKFAST

4	Pancake & Sausage	5 Banana Bread	6 Cherry Strudel	7 Egg McFreeman	8 Cinnamon Roll w/Icing
<b>Q</b>	Cereal & Goldfish  Craisins Juice Variety Chocolate Milk White Milk	Cereal & Goldfish  Gala Apple Juice Variety Chocolate Milk White Milk	Cereal & Goldfish  Fresh Orange Juice Variety Chocolate Milk White Milk	Cereal & Goldfish  Banana Juice Variety Chocolate Milk White Milk	Cereal & Goldfish  Pear  Juice Variety  Chocolate Milk  White Milk
11	Scone BerryCereal & Goldfish	Breakfast Pizza	Mini Filled Bagel Cereal & Goldfish	Banana Bread Cereal & Goldfish	Cinnamon Roll w/Icing Cereal & Goldfish
<b>Q</b>	Craisins Juice Variety Chocolate Milk White Milk	Juice Variety Gala Apple Chocolate Milk White Milk	Fresh Orange Juice Variety Chocolate Milk White Milk	Banana Juice Variety Chocolate Milk White Milk	Pear Juice Variety Chocolate Milk White Milk

#### DECEMBER LUNCH

4	Teriyaki Chicken Brown Rice Alternate Lunch Chocolate Milk White Milk	5 Spaghetti w/Meat Sauce Bread Sticks Chicken Caesar Wrap Alternate Lunch Chocolate Milk White Milk	6 Chicken Nuggets Dinner Roll WG  Alternate Lunch  Chocolate Milk White Milk	7 Cheese Pizza Turkey Sandwich Alternate Lunch Chocolate Milk White Milk	8 Hamburger Alternate Lunch Baked Beans Chocolate Milk White Milk
<b>Q</b>		Q	Q	Q	Θ.
11	Egg McFreeman Alternate Lunch Chocolate Milk White Milk	Chicken Burger Chicken Caesar Wrap Alternate Lunch Chocolate Milk White Milk	13 Beef Terlyaki Dipper Brown Rice Dinner Roll WG Alternate Lunch Chocolate Milk White Milk	14 Grilled Cheese Sandwich Turkey Cranberry Wrap Alternate Lunch Chocolate Milk White Milk	15 Chicken Nuggets Mashed Potatoes Turkey Gravy Dinner Roll WG Turkey Sandwich Alternate Lunch Baked Beans Chocolate Milk
<b>①</b>		<b>(</b>	0	0	White Milk

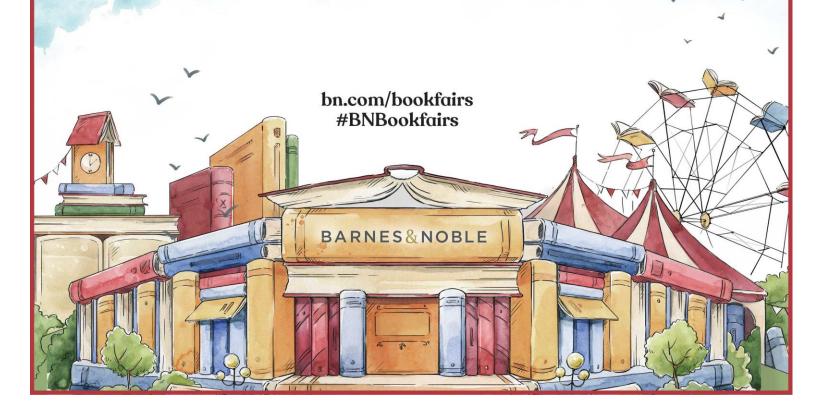


#### **Freeman School District**

### Saturday, December 2, 2023 Barnes & Noble 15310 E. Indiana Ave.

- See our school choir perform between 1:00 2:00pm at the in-person event on 12/2!
- If you do not want to shop in store, you can shop online between Dec. 2<sup>nd</sup>-7<sup>th</sup> and at checkout scroll to the very bottom and click the plus sign next to "Add Bookfair ID".

  Then add Bookfair ID #12706958 to the "Apply Bookfair ID" field and click apply.



## Freeman High School Mini Cheer Camp

Grades K-3. Camp days will be after school on December 6th, 7th and 8th from 3-5pm.

The game is Saturday, December 9th. Mini Cheer will perform at halftime of the girls game which is at 4pm. There will **NOT** be an activity bus available. Your child will need to be picked up from the High School MPR.

More info will be provided during the week of camp.

Please turn this form into any school office by **December 5th**.

Cost: \$50 per camper. Cash or check made out to Freeman High School.

Price includes pizza, a T-shirt, and new this winter-poms and a bow.

#### Limited to 60 spots

Student Name:	
Age, Grade, Teacher:	
Shirt Size (Circle)	Youth S M L XL Adult S M L
Parent Email Address:	
Parent Name/Phone	
Emergency Contact/Ph	ione
Doctor Name/Phone	
performance to be used on theNO please do not take my MEDICAL RELEASE: I understand that this activity is mandatory. In case of emerger	school website or social media  child's picture  voluntary and my child's participation is not ncy, the supervisor on site as my permission to obtain nt. I understand the Freeman School District does not
purchase or have medical/denta participating at this event.	al/hospitalization insurance to cover any injury while
Parent Signature:	Date:



# Introduces Clark!



Be sure to check out Freeman School District's Facebook Page each day for the posts from the Transportation Team's newest member – Clark. Clark's mission is to ride the school buses and help to educate students on good bus behavior, such as, staying seated, not eating on the bus, listening to the driver, bus safety, etc. Students can earn "Clark" bucks for good school bus behavior that can be used at the school Outstanding You store in December.



FRIDAY, DECEMBER 8 4:30-6:30 PM FREEMAN ELEMENTARY GYM



FREE EVENT FOR FREEMAN STUDENTS! Includes 10 "make and take" holiday crafts!

Hot Cocoa and Cookies provided

To donate cookies or sign up to volunteer for 1 hour <a href="https://www.signupgenius.com/go/10C0D45A8A622A1F5C70">https://www.signupgenius.com/go/10C0D45A8A622A1F5C70</a>
<a href="mailto:-46390881-ptsg">-46390881-ptsg</a>

Volunteers Needed







We need engineers, teachers, students and people who understand the importance of teamwork. Previous experience is not required and training is available both online and in person the day of the event. This is a fun, energy-filled, exciting day with students aged 9-14 yrs who are engaging with the FIRST program to build science, engineering and technology skills.

#### SIGNUP, VOLUNTEER SCREENING, AND REGISTRATION:





Scan this QR code with your phone camera or go to the website listed below!

HTTPS://WWW.FIRSTINSPIRES.ORG/WAYS-TO-HELP/VOLUNTEER/HOW-TO-REGISTER

#### BENEFIT:

- Food is provided
- Free Volunteer Tshirt
- · Inspire and build excitement with local youth about STEM!



Saturday, December 9 th & Sunday, December 10th, 2022 7:30am-4:00pm



Freeman Middle School, 15001 S Jackson Rd. Rockford. WA 99030

#### REGISTRATION DEADLINE:

December 7th

PEOPLE NEEDING ACCOMMODATION SHOULD CONTACT



Molly.z@comcast.net or Iorna.kropp@gmail.com





# Please help support the CLASS of 2024 All Nighter SHEETS FUNDRAISER!

Sheet Sets feature a 1500 thread count level of luxurious softness

Sets include (1) Flat Sheet, 1 (22") Deep Pocket Fitted Sheet and (2) Pillowcases; (1) Pillowcase with Twin, Twin XL Sheet sizes

Only \$69.95 with Online Fundraiser Code ALLNIGHTER1 before the fundraiser ends!



Wrinkle



Anti-Microbial



Will Not Shrink



Breathes Easily



Deep Pockets



Wicks Moisture



Pill Resistant



Stay

Visit https://fundraising.peachskinsheets.com



Use discount promo code **ALLNIGHTER1** to redeem your special price of \$69.95 on all \$104.95 regular sheet sets and \$89.95 on all \$124.95 Split King and Spit Head Sheet Sets through <u>December 22, 2023</u>

Your order ships straight to you within two business days – no waiting for the fundraiser to close!

Class of 2024 Fundraiser gets \$20 for each Sheet Set sold!



Come to **Regal Spokane Valley** and donate any new, unwrapped toy for



You will be entered for your chance to win a \$300 Regal Gift Card!
Enough for a 1 year subscription to Regal Unlimited.

# Donations will be accepted from November 10 – December 10, 2023.

One entry per toy donation.

Please provide your name and phone number to be contacted if you win. Winner will be contacted via phone on December 12th.

You can bring the toys into either the Elementary School Office or directly to the Spokane Valley Regal Cinema (no movie ticket purchase necessary).





This Q&A was compiled from the Freeman Balanced Calendar Committee work and the Office of Superintendent of Public Instruction Balanced Calendar Information page.

#### **Background**

In Washington State, a school year lasts 180 days. Students have a few short breaks along the way and a long break in the summer. Many students experience a loss of learning and continuity during the extended break. Students with consistent access to enriching activities throughout the year are more successful in school (Pedersen, 2016). How can we increase access to these enriching activities for more students? How can we prioritize student and staff mental health? One potential solution is a "balanced calendar."

#### **Questions & Answers**

#### What is a balanced calendar?

Instead of concentrating 180 school days into nine months, a balanced calendar spreads them throughout the year, including traditional Thanksgiving, Christmas, Spring Break, and Summer Breaks. Schools may use the breaks to host "intersessions," where they can provide additional learning enrichment experiences.

#### Does it work?

Schools that follow a balanced calendar tend to have higher achievement scores (Pedersen, 2016). A traditional summer break lasts 10 to 12 weeks, compared to 7-9 weeks in a balanced calendar. Shorter breaks mean more consistent student-teacher partnerships and less learning disruption. Students need less review time at the beginning of the new school year, so there is an embedded opportunity to expand the curriculum and learning experiences.

#### Does it mean more school?

Balanced calendars keep the same number of school days as traditional calendars, but they add flexibility. With input from surveys and site visits, the Freeman Balanced Calendar Committee and school leaders drafted a calendar to fit what was best for the Freeman community.

Teachers who work in a balanced calendar have reported that it is easier to plan instruction in shorter chunks between breaks rather than for an entire semester (Pedersen, 2016). In addition, ending the first semester, trimester, or second quarter before winter break creates more energy and readiness for students and teachers when they return (Hasser & Nasser, 2005).

#### How does a balanced calendar affect students...

#### ...in foster care or experiencing homelessness?

Students in foster care or experiencing homelessness are eligible to receive support through several state and federal programs. These students often have disruptions in their education, making it difficult for them to be on target for graduation. A balanced calendar can provide additional opportunities for credit accrual and recovery and interrupt the effects of cumulative learning loss in developing individual school graduation plans.

#### ...with disabilities?

Students with disabilities may not have access to highly specialized resources (occupational therapists, physical therapists, speech and language specialists, and adaptive equipment) during long summer breaks. Transition services, such as job shadows, can occur during intersessions without taking the student out of classroom instruction. When interventions occur at the end of each summative period, there is evidence of reduced students needing Individualized Education Programs (IEPs) or qualifying for special education services over time (Smith, 2011; Evans, 2007).

#### ...in off-campus school programs?

For students in Running Start or learning a trade, students, and parents are responsible for their local University, Community College, and Skill Center calendars for potential impacts on students participating in those programs part-time.

#### ...in advanced programs, like AP?

A balanced calendar can provide an opportunity for involvement in special projects and targeted learning opportunities. The balanced calendars will consider the testing schedules for Advanced Placement.

#### Does it affect high school credits and graduation requirements?

State graduation requirements remain the same. Each school district is responsible for supporting every student to earn the necessary credits for graduation, meet their graduation pathway, and complete a High School and Beyond Plan.

#### What about Middle and High School sports?

High school athletics are often viewed as a barrier due to scheduling challenges, but conflicts can be mitigated. For decades, school districts nationwide have successfully supported interscholastic sports among schools with different school year calendars. The modern balanced calendar has ties back to the 1890s. Washington's Interscholastic Activities Association (WIAA) has successfully navigated a variety of school year calendars. Despite leadership changes, WIAA has stated its support of allowing districts to determine the right school year calendar for their students and communities.

During the Freeman Balanced Calendar committee site visits to Churchill County SD, Washoe County SD, La Mesa-Spring Valley SD, Oceanside Unified SD, and Winlock SD, Athletes, Athletic Directors, Coaches, and Administration in both Middle and High Schools did not have conflicts because of their calendars, even when the opposing district was not on the same calendar.



#### FREEMAN SCHOOL DISTRICT #358 2024 - 2025 School Calendar



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#### **Significant Dates**

0. ((0)	/6
August 19 Staff Orient	• •
August 20 Professi	
August 21	First Day of School
August 26 First D	,
August 30	No School
September 2 Labor Day H	loliday - <b>No School</b>
September 25	Late Start PD
October 7 Professional Develop	pment - <b>No School</b>
October 24 - 25 Confei	rences - <b>No School</b>
October 30	Late Start PD
November 11 Veterans' Day Obs	served - <b>No School</b>
November 25 - 29 Thanksgiving H	Ioliday - <b>No Schoo</b> l
December 4	Late Start PD
December 20	End of Semester
December 23 - January 3 Winter	Break - No School
January 20 Martin Luther King J	lr. Day - <b>No School</b>
February 5	Late Start PD
February 14Professional Develop	oment - <b>No School</b>
February 17 Presidents' Day H	oliday - <b>No School</b>
March 12	Late Start PD
March 14 Snow Make-u	up Day - <b>No Schoo</b> l
April 3 - 4 Confei	rences - <b>No School</b>
April 7 - 11 Spring Va	cation - No School
April 28 Professional Develop	pment - <b>No School</b>
May 7	Late Start PD
May 23 Snow Make-u	ıp Day - <b>No School</b>
May 26 Memorial Day H	loliday - <b>No School</b>
June 7 High :	School Graduation
June 10 8th	Grade Promotion
June 11 Last Day of Sch	ool - Early Release

- Shaded Dates No School
- OIndicates Late Start/Professional Development Days
- \* Indicates Parent Conference Days No School
- \*\* Indicates Early Release 12:30 pm
- School Begins & Ends

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Parent Name(s)

# 2023-2024 PTSG MembershipForm

Email(s):			
Best Phone #: Family Membership \$30 Staff Membership \$30	) Business Membership \$60		
Charles Managers	Crada far 2022 2024		
Student(s) Name(s)	Grade for 2023-2024		
Please make checks payable to Freeman PTSG. All membership dues directly support Freeman			
PTSG Use Only: Check/Cash Received By:			